

The WDPS Chronicle

Safe. Happy. Challenged. Making memories.



Issue 18

- November 2020 -

MENTAL
HEALTH
ISSUE



We are well in to the autumn term, and classrooms are abuzz with the sounds of learning. In our ever-changing world, taking care of our minds has never been more important. This issue of the WDPS Chronicle reflects our school's focus on mental health and well-being. Here's this month's update on what's been going on at WDPS.

Hello Yellow a Big Hit!

WDPS celebrated World Mental Health day on Friday 9th October. Children across the school wore something yellow, and took some time to reflect on the steps we can take protect and support our mental health, both in difficult and happy times. We are already looking forward to celebrating again next year!



Contributions made on Hello Yellow day are helping us to build a collection of self-help and mental well-being books for our school library. Thank you for all of your donations!

Contact Details

Please ensure the school has your current mobile phone number and email address to ensure you have access to continued contact and important updates from the school.

Important Information

Thank you for following the changes to our school day, which enable safe, socially-distanced pick ups and drop offs to school.

Drop Off	Pick Up
N & R 8:45	R 3:05
Y1 & Y2 8:50	Y1 & Y2 3:10
Y3 & Y4 8:55	Y3 & Y4 3:15
Y5 & Y6 9:00	Y5 & Y6 3:20
	Nursery 3:30

Please follow our one-way system and wear a face covering on school premises.

Class Assemblies

This year, our class assemblies are being filmed, and will be made available to watch online.

Year 5's Harvest celebration and Year 3's Diwali assembly are already on our website.

Absence

If your child has a high temperature, or a new cough, please keep them at home for 14 days, and notify the school office via phone on 0208 472 3864

Taking Time for your Mind

There are lots of apps that can support meditation and mindfulness at home, both for adults and children.

Calm (available on Android and iOS) has a range of short guided meditations, and is free to download. Try downloading it, and take some time to calm your mind.



Year 3 Shine Bright during Diwali Assembly

Year 3 put on quite the show during their recent Diwali assembly. They sang, played instruments, and shared their knowledge of the festival with children in Year 1 and Year 2. Great job, Year 3!



Diwali is a celebration of light. As we think about Diwali, take some time to reflect. What brings you hope? How can you be a light in the world?

WDPS Library Reopens!

After much anticipation, our school library has reopened its doors to classes across the school. Our library provides a calm space for us to listen to stories, revisit our favourite books, and take on new reading challenges.

Classes will visit the library on alternate weeks, and children will be able to change their library books every other week. Let's get reading!



It has been another busy month at WDPS - a perfect time to practise being reflective. Winter is just around the corner - see you in December!

Nursery Places Available

There are currently places available at the WDPS nursery. Children are able to join the nursery from their 3rd birthday.

We have 30 hour places available for eligible families. Please pass on this information to any family or friends who may be interested.

For more information, please contact our school office on
0208 472 3864

Remembrance Day

Thank you to everyone who bought poppies for Remembrance Day this year. The sale of poppies raises money for The Royal British Legion.

Our school marked Remembrance Day by holding a two minute silence at 11am on Wednesday 11th November.

The silence gave us all a chance to reflect, remember, and pay respect to those who have made great sacrifices to protect our freedoms.



Remember to keep reading together to work towards your reading wristbands!

William Davies Primary School
Stafford Road
E7 8NL

Tel: 0208 472 3864
www.williamdavies.newham.sch.uk

Headteacher: Ms S. Norris