

Learning Project WEEK 6: Food

Age Range: YEAR 1

Weekly Maths Tasks (Aim to do 1 per day)	Weekly Reading Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> ● Working on Numbots - your child will have an individual login to access this. ● Sumdog challenges - your child's individual login is on the online access sheet. ● Play on Hit the Button - number bonds, halves, doubles and times tables. ● Look in the cupboards and the fridge. Sort some of the foods you can find into different groups. Which item of food is the lightest or heaviest? Why might this be? ● Play the game Fruit Fall - answer the data handling questions based on how many pieces of fruit you catch. ● Choose and draw a 2D shape of your choice. List how many sides, vertices and lines of symmetry it has. ● Read a number poem. https://www.oxfordowl.co.uk/api/digital-books/1340.html 	<ul style="list-style-type: none"> ● Read out aloud the ingredients on the back of a tin or cereal box to an adult. ● Find a cooking book in the house or online and read the ingredients needed to make something. ● Find a food leaflet in the house and read some of the items. Make a list of the food in alphabetical order. ● Read 'Kipper and the trolls'. https://www.oxfordowl.co.uk/api/digital-books/1316.html What did mum ask Kipper to do? Why did she ask him this? Where is the party held? How do you know? Why would nobody like to go to the trolls party? How do we know Kipper and Biff did not want to eat the trolls food? What lesson did Kipper learn? What will you make sure you do?

Weekly Phonics/Spellings Tasks (Aim to do 1 per day)	Weekly Writing Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> • Daily phonics - your child to practice their sounds and blend words. Interactive games found on link below. • Phonics practice https://www.twinkl.co.uk/resource/t-l-4558-year-1-phonics-screening-check-word-cards pages 21-30. • Top Marks • Spelling • Spell these words: have, give, live, catch, hutch, kitchen, fetch, stitch, don't, old. • Spell common exception words: be, what, they, do, want. 	<ul style="list-style-type: none"> • Create a shopping list for the week. Group the items into food groups on their list (fruit and vegetables, meat, dairy). • Write a recipe for a healthy meal of their choice. Use subheadings for the ingredients and instructions. • Write a set of instructions for making toast. Use imperative verbs. (bossy verbs - put, spread, turn, get, lay, place, wait, switch). https://www.busythings.co.uk/play/# (Go to - key stage 1, year 1 setup, cooking and nutrition, my recipe). • Design a new label for a cereal box. What eye catching information will you add? Use an exclamation mark! • Write a poem about your favourite food. • Design a new sandwich for a troll. Which ingredients will you include? Label the sandwich. https://www.busythings.co.uk/play/# (Go to - key stage 1, year 1 setup, cooking and nutrition, my recipe).

Learning Project - to be done throughout the week: Food

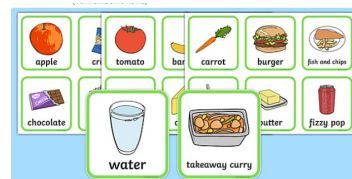
Food

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc .

Balanced diet: Show your child this [video](#) about how to have a balanced diet.

Play these [games](#) about healthy eating. Look in the kitchen to see if you can create an A-Z list of foods.

Fruit and vegetables Draw pictures of fruit and vegetables in your house. Label the fruit and vegetables and place in alphabetical order.



Sorting activity: Collect food from the kitchen and sort into healthy and unhealthy foods.

Design a poster Think about the foods you like to eat and food that you need to eat to keep you healthy. Create a poster that you can put in the kitchen or in the school hall. Use any food wrappers or make your poster interactive.

Healthy lunchbox: Play this [game](#) and make a healthy lunchbox.

Traditional food: Many cultures have various dishes of food to celebrate their festivals. Find out about a festival and compare it to a different festival. What are the similarities? What are the differences? Do you have any traditional food you enjoy with your family?

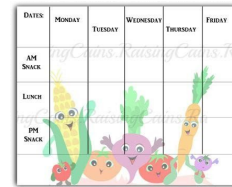
Restaurant: Plan a menu. Think about what you would like to have on your menu. Design a menu for a vegetarian and for a vegan? Will you have options on your menu for people who have allergies?

Look around the house for any leaflets or take away menus. Think about the price of the food and any meal deals your could offer.

<https://www.twinkl.co.uk/resource/t-t-4313-editable-menu-writing-frame>

Designing a school menu. Design a new school menu. Think about what you could add, what you would keep the same and if it will be a healthy school menu. Find or draw pictures to add to your menu. Plan out your menu and remember to include prices.

Will you have a different menu everyday?



Cooking: Find a few recipes and check if you have the ingredients at home and cook a meal for your family. Think about a starter, main and dessert.

Fruit survey: Ask your family the different fruits they like to eat.

Collect the information and add it to your tally chart. Represent this information in a bar chart. <https://my.uso.im/j2e/> (Go to Jit5 and select



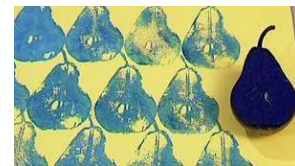
chart).

Favourite Fruit Survey Pictogram

Which fruit is the most popular in your class?

Fruit	1	2	3	4	5	6	7	8	9	10
apple										
banana										
orange										
grapes										
strawberry										
peach										
watermelon										
pineapple										

Fruit and vegetables printing: Look at the [work](#) of the artist: Lynn Flavell. Look at how she represents fruit and vegetables. Create a piece of artwork in the style of Lynn Flavell.



Look at the work of [Giuseppe Arcimboldo](#).

Using different drawing materials, create a picture of your own.



Additional learning resources parents may wish to engage with

[Classroom Secrets Learning Packs](#) - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.

[Twinkl](#) - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.

[Headteacherchat](#) - This is a blog that has links to various learning platforms. Lots of these are free to access.

[The Body Coach on youtube](#)

Daily P.E. lessons for children weekdays at 9am.

[Smiling Mind](#)

Meditation, stress management and relaxation.

[World Book Day](#)

Worldbookday.com

Lots of book and story inspired activities, games and videos.

#TheLearningProjects

