



Week 16: 6.7.20: Learning Project - Being healthy

Age Range: Year 2

Check Google Classroom everyday!

Weekly Reading Tasks	Weekly Phonics Tasks
<p>Monday- Visit World Book Online. Login using Username: wbsupport and Password: distancelearn. Select eBooks and allow your child to choose a picture book and read together. You will be using this book over the week.</p>	<p>Monday- The word 'healthy' contains the sound 'e'. List as many words as they can containing the 'e' sound. Follow this link for e words: https://www.spellzone.com/word_lists/list-208.htm</p>
<p>Tuesday- Re-read the book again. World Book Online Discuss the characters. Who was your favourite and why? Draw and write some sentences about the character. <i>Tip: use adjectives</i></p>	<p>Tuesday- Ask your child to list words that associate with the word healthy. Make a list of those words.</p>
<p>Wednesday- Make a bookmark based on the picture book you have chosen on Monday. It can be based on your favourite character from the story.</p>	<p>Wednesday- Visit: https://www.spellzone.com/word_lists/games-200.htm and play the word search spelling game.</p>
<p>Thursday- Create a mask of one of the characters from the picture book. Can your child hot seat the character? Write some questions to ask them.</p>	<p>Thursday- Make a list different types of exercise that begin with each letter of the alphabet. Make a list of your favourite exercises.</p>
<p>Friday- Read a story/poem/nursery rhyme to another family member. This could be to a younger sibling before bedtime. You may wish to Facetime an elderly relative (with adult supervision of course).</p>	<p>Friday- Ask your child to add the 'ing' suffix to these verbs: jump, skip, hike, throw, catch, kick, smile, run & shout e.g. jump + ing = jumping.</p>
Weekly Writing Tasks	Weekly Maths Tasks- Weight, Capacity and Temperature
<p>Monday- Plan and design a fruit kebab. What fruit will you include for your healthy snack? Draw and label your snack.</p>	<p>Monday- Play the game Fruit Fall - answer the data handling questions based on how many pieces of fruit you catch.</p>
<p>Tuesday- Write a set of instructions for making the healthy snack. Use imperative verbs. <i>Think about the bossy verbs we used when we wrote instructions for our healthy sandwich!</i></p>	<p>Tuesday- Look in the cupboards and the fridge. Sort some of the foods you can find into 'healthy and unhealthy' groups. Which food group has the most or least amount of items? Which item of food is the lightest or</p>

	heaviest? Why might this be?
Wednesday- Using the link below. Make a healthy eating packed lunch. https://www.twinkl.co.uk/resource/au-t-t-2399-australia---healthy-eating-lunch-activity	Wednesday- Play on Hit the Button - number bonds, halves, doubles and times tables.
Thursday- Write a recipe for a healthy meal of your choice. Use subheadings for the ingredients and instructions.	Thursday: Ask your family the different exercises they like to do. Collect the information and add it to your tally chart. Can you represent this information in a particular way?
Friday- Write a poem about your favourite healthy snack or exercise. Will it rhyme? Share your poem with family members.	Friday- Play these measures games: https://www.topmarks.co.uk/maths-games/5-7-years/measures What game did you enjoy the most? Which game was tricky?

Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more about being healthy. Learning may focus on modes of transport, transport in the past, the science behind transport, road safety and how to be safe around water.

- **Healthy living superhero:** With your child discuss the characteristics of a 'healthy living' superhero. What would s/he do, say, wear? What s/he might look like? Make notes. Think of a catchphrase for the superhero. Think of other aspects of healthy eating, not just diet. For example; drinking water, brushing teeth, exercising. Ask your child to design their own 'healthy living' superhero.
- **Sorting activity:** Collect fruit and vegetables in your house. Sort them into healthy and unhealthy foods.
- **Keeping healthy:** What did you do this week to keep healthy and active? What was your favourite thing to do? How long did you do these for? Write or draw them.
- **Train with Pedal:** Try different physical activities using the 'Train with Pedal' sheet. Discuss or record what they can feel happening to their bodies.
<http://www.greatgrubclub.com/domains/greatgrubclub.com/local/media/downloads/train%20with%20pedal.pdf>
- **Dance to the beat:** Follow the link for some fun dance moves you can do to stay active: <http://www.greatgrubclub.com/dance-studio#.XtUy8ojYq00>
Which dance moves was your favourite? Make up your own dance moves to stay active. *Tips: Choose music that has a strong beat. This will make it easier to put moves to it. Plan your dance moves in counts of eight. In other words, count to eight as you do each move. This will help you make the moves fit with each other.*

STEM Learning Opportunities #sciencefromhome

- How can we stay healthy? What types of food and exercise can help us to be healthy? Have a look through these 'Eatwell activities' that can help you. <https://www.stem.org.uk/resources/elibrary/resource/462612/eatwell-guide-suitable-home-learning>
<https://www.stem.org.uk/resources/elibrary/resource/34277/stupendous-steppers-ages-5-7-suitable-home-learning> Ask your family members to join in with you.

Additional learning resources parents may wish to engage with

- The NHS Change 4 Life website has some great games and activities, specifically ones for staying indoors. Have a look [here](#).
- For lots more clips, activities and ideas to get active visit the sport's section on the [Cbeebies website](#).
- [White Rose Maths](#) online maths lessons. Watch a lesson video and complete the worksheet (can be downloaded and completed digitally).
- [Numbots](#). Your child can access this programme with their school login.
- IXL- Click here for [Year 1](#) or here for [Year 2](#) . There are interactive games to play and guides for parents.
- [Mastery Mathematics Learning Packs](#) Learning packs with different activities and lessons. Includes notes on how to do these activities with your children.
- [Y1 Talk for Writing Home-school Booklets](#) and [Y2](#) are an excellent resource to support your child's speaking and listening, reading and writing skills.

The Learning Projects are based on the **National Curriculum expectations** for the key stage which your child is in. It may be that your child finds the tasks set within the Learning Project for their year group too simple. If this is the case, then we suggest that your child accesses the Learning Projects which are set for the key stage above. Equally, if the projects are too challenging, then we advise that your child accesses the projects for the key stage below.

If your child requires more of a challenge, or you believe that there are some gaps in their learning then [Century Tech](#) is a fantastic resource that is currently free for home learning. The app is designed to address gaps and misconceptions, provide challenges and enables children to retain new knowledge. It uses artificial intelligence to tailor the learning to your child's needs. Sign up [here](#).

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