



1/6/20

### Nursery

Remember that children at this age learn through play, so have fun! Involve your child in the things you are doing including household chores and cooking. Talk to your child about what you are doing, and encourage them to ask questions.

**Our Learning Project this week is Space. Take a look at the activities in the Learning Project box!**

#### Weekly Reading Tasks

- Read a variety of books at home. Favourites can be repeated. Hearing the patterns of language in a story will support your child's language development.
- You can find some online stories to read to your child here [Booktrust](#). This site also has some suitable games and activities. The Cbeebies website [Cbeebies Bedtime Stories](#) has some Bedtime Stories your child might enjoy. It is important that you watch and listen with your child so that you can talk to them about the story and explain anything they might not understand.
- You can find more stories here [StoryLine Online](#) or [Openlibrary](#). Look for stories starting at suggested grade level K or Kindergarten.
- Join in with your child when they are playing with their dolls, cars, trains, animals or super-hero figures. Talk about what their toys are doing and help your child to make up stories.
- Talk about your child's favourite stories, ask about the characters they like and what they like about them.

#### Weekly

- Sing Nursery Rhymes and songs together. Add in actions and change the words. Can children think of different rhyming words to add in? Repeat old favourites and learn new rhymes. You can find an A-Z of [Nursery Rhymes here](#).
- Have a look at the [Eatwell plate](#) together and talk about the different types of food you eat. Talk about which food is healthy, and which food we should save for treats! You can share this short book about healthy food with your child. [Our Good Food](#)
- Look together at this short book about keeping healthy.
- [How Do You Stay Healthy](#), Talk about how exercise is an important part of staying healthy. Try some of these games: [shake up](#).
- Stretch those limbs and do some yoga with [Cosmic Kids Yoga](#) or with [Monkey Yoga](#)
- Get creative with things around the house, [Making things](#)

#### Weekly Writing Tasks

- Give your child time to draw independently.
- After drawing a picture, ask your child to try to write their name. The marks

#### Weekly Maths Tasks

- Count with the number blocks, see what numbers you recognise, [Count with the Number blocks](#)

they make will resemble their name. You can then model writing their name for them.

- Pour flour, salt, rice or lentils into a shallow tray or plate. Let your child mark make using their finger. Talk to your child about the marks they make.
- Whenever your child finishes a picture ask them to tell you about it. You can also write what they say about the picture so that they can see you writing.
- **Playdough** - Make some playdough with your child and encourage them to stretch, pat, poke, roll, squash and squeeze the dough to develop strength in their fingers for writing. [Playdough recipe](#)

- Ask children to help you around the house “can you give me 2 spoons?” and any other objects around the house.
- Practise counting up to 10. This can be done through playing hide and seek, singing number songs, chanting, board games.
- Sing Number songs to practice counting and reciting numbers in order, for example Five Little Ducks, Five Little Men in a Flying Saucer, Ten Green Bottles. You can find some songs here [Counting songs](#).
- If you have building blocks or lego, give your child lots of opportunities to play with these toys.
- [Jigsaw puzzle](#): have a go at some online puzzles.
- Counting: help the rocket blast off into space, [Blast Off](#).
- Take a trip through space and count the objects along the journey, [Space Counting](#).

### Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more about space. Learning may focus on our Solar System, the Sun and the Moon. It could look at life in outer space from the view of an astronaut and travelling through space.

#### Reading

- Have a look at the story [Goodnight Spaceman](#), and go on an outer space adventure.
- Have a trip to space with this story, [Roaring Rockets](#).

#### Singing

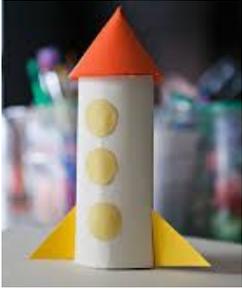
- Join in with our space song, [Zoom, Zoom, Zoom we're going to the moon](#).
- Take a look at another song that is all about the planets, [Solar System](#). What is your favourite planet?

#### Daily workout

- Have a daily workout, [Just Dance Space](#).
- Try some space yoga, [Cosmic Yoga Space](#).

#### Take a trip

- Take a trip with NASA to outer space and see what you can spot, [NASA Live](#).
- Now you have learnt all about space, why not join [Hey Duggee](#) and his friends on a space adventure, can you spot all the planets?



### **Remarkable Rockets**

- Use junk modelling or craft items you have around your house to create your own rocket. Toilet roll tubes are a good starting point. Plastic water bottles are also good. If you don't have glue, you can mix some flour and water together (use 3 spoons of flour and 3 spoons of water to start with and add more flour or water if you need to.). You can use food wrappers or card from cereal boxes to decorate your rocket.



### **Have a Space Themed Party/Picnic**

- Support your child to use tin foil to create shiny space suits for their teddies and dolls. They could have a space-themed teddy bear's picnic afterwards.

## **Messy Time**

- Create your own cloud dough, maybe you brought it back from your trip to outer space? [Cloud Dough](#).
- **You will need, Flour, oil, food colouring or chalks**