

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Burger in a Burger Bun with Salad & Spicy Wedges	Lamb & Vegetable Tikka Masala* with Basmati Rice	Roast Chicken & Stuffing with Roast Potatoes*	Savoury Chicken & Sweetcorn Pancakes & New Potatoes*	Traditional Keema with Naan Bread*
Fish	Fisherman's Pie*	Italian Style fish Fillet with Pesto & Cherry Tomatoes*	White Fish Bake with Lemon with Roast Potatoes	Cheesy Tuna Pizza	Fish Fingers with Chips
Vegetarian	Authentic Chick Pea & Potato Curry* with Naan Bread	Vegetarian Lasagne & Foccacia Bread*	Mixed Bean Casserole with Crispy Cheese Topping with Roast Potatoes*	Cheese & Tomato Pizza	Cheese & Onion Slice with Chips
Vegetable Choice	Sweetcorn Fresh Broccoli	Fresh Cauliflower Garden Peas	Organic Carrots Fresh Cabbage	Mini Corn Cobettes Grilled Tomatoes	Garden Peas Baked Beans
Dessert	Chocolate Sponge with Custard	Tutti Frutti Flapjack*	Sticky Honey & Orange Cake*	Fruit Cheesecake*	Fruit, Jelly & Ice Cream*
Daily Options	Fresh Fruit Platter / Fresh Yoghurt / Cheese & Biscuits / Homemade Bread				

Menu from 30th October 2017 - 29th March 2018



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Baked Sausages with Mashed Potatoes and gravy	Spaghetti Bolognese & Garlic Slice*	Roast Turkey with Yorkshire Pudding with Roast Potatoes*	Tandoori Chicken & Herby Diced Potatoes*	Chicken & Sweetcorn Pie with Puff Pastry with Jacket Wedges*
Fish	Jacket Potato with Tuna & Sweetcorn	Fish Biryani *	Tuna Melt Panini (Hoagie)	Cod breadcrumbs & Herby Diced Potatoes*	Fish Fillet in Batter with Jacket Wedges
Vegetarian	Quorn & Pepper Omelette* with Mashed Potatoes	Veggie Burger in a Wholemeal Bun with Salad	Quorn & Sweet Potato Curry with Rice* 	Veggie Pasta Bake*	Vegetable Crumble with Jacket Wedges*
Vegetable Choice	Fresh Cauliflower Mixed Vegetables	Mini Corn Cobettes Fresh Roasted Peppers	Organic Carrots Garden Peas	Fresh Broccoli Sweetcorn	Garden Peas Baked Beans
Dessert	Fruit Smoothie	Peach Melba Sponge Slice*	Rice Pudding	Cornflake Cracknel*	Frozen Yoghurt With Fruit
Daily Options	Fresh Fruit Platter / Fresh Yoghurt / Cheese & Biscuits / Homemade Bread				

Menu from 30th October 2017 - 29th March 2018



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Spaghetti Bolognese*	Chicken & Vegetable Biryani	Roast Chicken & Yorkshire Pudding with Roast Potatoes	Lasagne with Garlic & Herb Bread*	Greek Style Chicken with Herby Diced Potatoes*
Fish	Creamy Fish pie with Lemon & Parsley Mash*	Fish finger Wrap with Tomato & Basil Mayo	Crunchy Cod Crumble with Roast Potatoes*	Tuna Pasta Bake with Garlic & Herb Bread*	White Fish Bake & Lemon Slice with Herby Diced Potatoes
Vegetarian	Vegetable & Lentil Curry with Rice*	Vegetarian Shepherd's Pie*	Vegetable Samosa with Rice and Dhal	Spanish Omelette with Baby Baked Potatoes*	Vegetarian Chilli with Rice*
Vegetable Choice	Roasted Vegetables Garden Peas	Sweetcorn Green Beans	Organic Carrots Roasted Autumn Veg	Country Vegetables Coleslaw	Baked Beans Garden Peas
Dessert	Peaches & Custard	Citrus & Coconut Sponge with Custard	Chocolate & Mandarin Mousse	Carrot & Sultana Cake*	Mini Scotch pancakes with Fruit or Dream Topping
Daily Options	Fresh Fruit Platter / Fresh Yoghurt / Cheese & Biscuits / Homemade Bread				

Menu from 30th October 2017 - 29th March 2018

